



### **Individual Instruction Programs**

For kids who want to learn and improve in a complete one-on-one setting with a **USPTA/USPTR** certified pro.

Private instruction allows each individual pro to customize their teaching strategy, thus tailoring the program for each child's individual needs and skill level.

### **Private Lessons**

*17 Week Program - 1 hr. & 1/2 hr. Sessions*

<b>Staff Pro</b>	<b>Director</b>
1 Hour \$1,695	1 Hour \$1,895
1/2 Hour \$900	1/2 Hour \$995

### **Semi-Private Lessons**

*17 Week Program - 1 Hour Sessions*

<b>Staff Pro</b>	<b>Director</b>
1 Hour \$900	1 Hour \$995



899 Monroe Boulevard  
Long Beach, NY 11961



## **2010-2011 Junior Programs**

*10-17 Weeks Sessions*



899 Monroe Boulevard  
Long Beach, NY 11961  
**(516) 432-6060**  
Fax: (516) 897-0090  
[www.longbeachtenniscenter.com](http://www.longbeachtenniscenter.com)

Program Descriptions & Registration Form

# 2010-2011 Junior Tennis Programs

Choose the program that's right for you...

All New Players Must Schedule An Evaluation Prior To Placement.



## Quick Start

4 to 7 yr. olds

10 weeks - 1 hr. per week \$350

This introductory program emphasizes the development of hand-eye coordination and tennis basics, all while having fun. Racquets will be provided for the children. No more than 6 students per group.

## Junior Development Group

8 to 15 yr. olds

10 weeks - 1 hr. per week \$350

Emphasizes basic stroke production, footwork, tennis fundamentals and sportsmanship, plus introduction of singles and doubles strategies. Graduating to spins and advanced techniques. Group of 4 players.

## High School Training

10 weeks - 1 1/2 hrs. per week \$425

These classes aim to prepare juniors for high school teams and obtain regional or sectional rankings. Classes focus on advanced techniques, fitness, strategy, high intensity repetition drills, ladder matches and match strategy drills.

## Tournament Training Level 1 & 2

17 weeks - 2 hrs. per week \$1095

Wed: 7-9 (H) Thurs: 7-9 (H&C) Sat: 12-2 (H)

Specially tailored for both tournament level players with regional and sectional rankings and the serious player with match play experience who wants to compete in tournaments or improve their ranking. Extensive work on match play, stroke-production, advanced techniques, strategy, high-intensity repetition drills, ladder matches

## New Programs...

### By Invitation Only

## Tournament Training\*

Level 1 & 2

17 Weeks - Tuesday's 6-9pm

\$1,495

Schedule:

6-7 Cardio Tennis / 7-9 Tournament Training

Specially designed for players to work on the foot work and cardio aspect of the game. Intense work on strokes and mental "toughness." Fast paced drills while moving and working on running shots.

## Sunday Workshop\*

Sunday's 12-4pm \$100 per week

By invitation only for competitive players.

\*For more details about the above programs please contact Sid Siddiqui.

### Directions to the Long Beach Tennis Center:

Take the Meadowbrook Parkway south to exit M10 (Loop Parkway) towards Long Beach. At the end of the Loop Parkway make a right onto Lido Blvd. This turns into Park Avenue in Long Beach. Turn right onto Monroe Blvd. At the end of Monroe Blvd. the club is located on the left.

Long Beach Tennis Center

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Long Beach, New York 11561

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### 2010-2011 Junior Programs Registration Form

Please indicate the program you wish to enroll in by checking the box next to the program. Please complete form below - Please Print Clearly

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_  Female  Male

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

Any Allergies or Conditions: \_\_\_\_\_

#### Terms, Conditions and Cancellation Policy (No Exceptions):

- 1/2 of the program cost must accompany this application.
- Remaining balance must be paid in full by 10/31/10.
- All second session fees must be paid by 4/30/11.
- No makeups for group lessons or Tournament Training.
- Only ONE makeup lesson allowed per session for private lessons.
- Must finish Spring season makeup lessons BEFORE 6/20/2011.
- Late Fee: \$40

If paying by check please complete this form and mail it with payment to:

**Long Beach Tennis Center**  
899 Monroe Boulevard  
Long Beach, New York 11561  
Attention: 2010-11 Junior Programs

If paying by Credit Card please complete form below:

Please charge the credit card below the amount of:

\$ \_\_\_\_\_ for (Program Name): \_\_\_\_\_

Name on card: \_\_\_\_\_

Credit Card Type: \_\_\_\_\_

CC #: \_\_\_\_\_

Expiration Date: Month \_\_\_\_/Year \_\_\_\_

Security Code: \_\_\_\_\_

I hereby agree to accept all of the above rules and authorize credit card payment. All players agree that the use of the facilities of the club shall be at their own risk, and they shall hold the club harmless from any liability of any kind including personal injury in connection with the use of the entire facility. All players further acknowledge and agree that there are certain dangers in playing tennis and that the undersigned in, on or about the premises of the club, or arising out of the use or intended use of the facilities, equipment or other property of the club, of the negligence of the owners, agents, or other employees of the club or the negligence of any persons present on the premises of the club. These conditions apply individually and/or jointly with other players' children or guests of the players. All players agree to observe proper tennis etiquette at all times in the facility.

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_